



October 2020 Lunch Menu Curbside Pick-up Only

Breakfast: Tuesdays, 9:30 to 10 a.m.

Lunch: Thursdays, 12-12:30 p.m.

Curbside pick-up at: Our Community Kitchen, 214 N. 3rd St., Stillwater, MN
(in Ascension Episcopal Church)

THURSDAY LUNCH MENU

LUNCH -- Thurs., Oct. 1

Kale, Apple, Quinoa Salad (*GF, vegan, contains nuts - pecan or walnut*)

Apple Squash Soup (*GF, vegan*)

Fresh fruit

Cookie/dessert bar (*GF, vegetarian*)

LUNCH -- Thurs., Oct. 8

Mexican rice salad (*GF, Vegetarian*)

Corn chowder (*GF, vegan*) and **Fresh fruit**

Cookie/dessert bar (*GF, Vegetarian*)

LUNCH -- Thurs., Oct. 15

Carrot, rye berry, almond salad

(*GF available, vegan, contains nuts*)

Squash soup (*GF, vegan*) and **Fresh fruit**

Cookie/dessert bar (*GF, vegetarian*)

LUNCH -- Thurs., Oct. 22

Grilled cheese sandwiches

(*GF available, vegetarian*)

Vegetable soup (*GF, vegan*)

Fresh fruit

Cookie/dessert bar (*GF, vegetarian*)

LUNCH -- Thurs., Oct. 29

Wild rice, cranberry salad (*GF, vegan, contains nuts – pecan or walnut*)

Carrot and apple soup (*GF, vegan*)

Fresh fruit

Cookie/dessert bar (*GF, vegetarian*)

United Way of
Washington County-East



Community Partner

Everyone is welcome! Donate-what you-can.

Important Note: Menu may change. Please check www.OurCommunityKitchen.org.